

Food Deliveries Checklist



FRUIT

- Apples
- Bananas
- Blueberries
- Grapes
- Melon
- Oranges
- Peaches
- Pears
- Pineapple
- Plums
- Raspberries
- Strawberries
- Tangerines

TOILETRIES

- Pads
- Shower gel
- Deodorant
- Shampoo
- Conditioner
- Toothbrush
- Razors

BAKERY/BREAKFAST

- Bread
- Bread rolls
- Breakfast bars
- Cereals
- Croissants
- Naan bread
- Pancakes
- Pitta breads
- Wraps

DRINKS

- Coffee
- Juices
- Squash
- Soft drinks
- Tea bags

VEGETABLES

- Broccoli
- Carrots
- Cauliflower
- Celery
- Corn on the cob
- Cucumber
- Green beans
- Leeks
- Lettuce
- Mushrooms
- Onions
- Peas
- Peppers
- Potatoes/Jackets/Baby
- Salad mixed bag
- Sweetcorn
- Tomato

HOUSEHOLD

- Tin foil
- Cling film
- Bin bags
- Toilet roll
- Kitchen roll
- Washing tablets
- Fabric softener

MEAT

- Bacon
- Beef
- Burgers
- Chicken
- Fish
- Gammon
- Ham
- Lamb
- Mince
- Pork
- Sausages

PASTA/RICE

- Fuselli
- Macaroni
- Noodles
- Penne
- Rice
- Spaghetti

SNACKS

- Biscuits
- Cake bars
- Crackers
- Crisps
- Nuts
- Snack bars
- Sweets

SPICES/HERBS

- Pepper
- Salt
- Mixed herbs

DAIRY/FRIDGE

- Butter
- Cheese
- Cream
- Dips
- Eggs
- Fresh juices
- Milk
- Pizzas
- Spreads
- Yogurts

READY MEALS

- Chilli con carne
- Chips
- Cottage pie
- Curry
- Lasagne
- Macaroni cheese
- Spaghetti bolognaise

CANS/SAUCES

- Baked beans
- Kidney beans
- Fruits
- Honey
- HP sauce
- Jam
- Olive oil
- Mayonnaise
- Pasta sauces
- Salad cream
- Soups
- Tomato ketchup
- Tomato puree
- Tuna
- Vinegar

ALLERGIES/INTOLERANCES: _____

